

A C G T

GWAS for human aging-related loci

Matthias Platzer

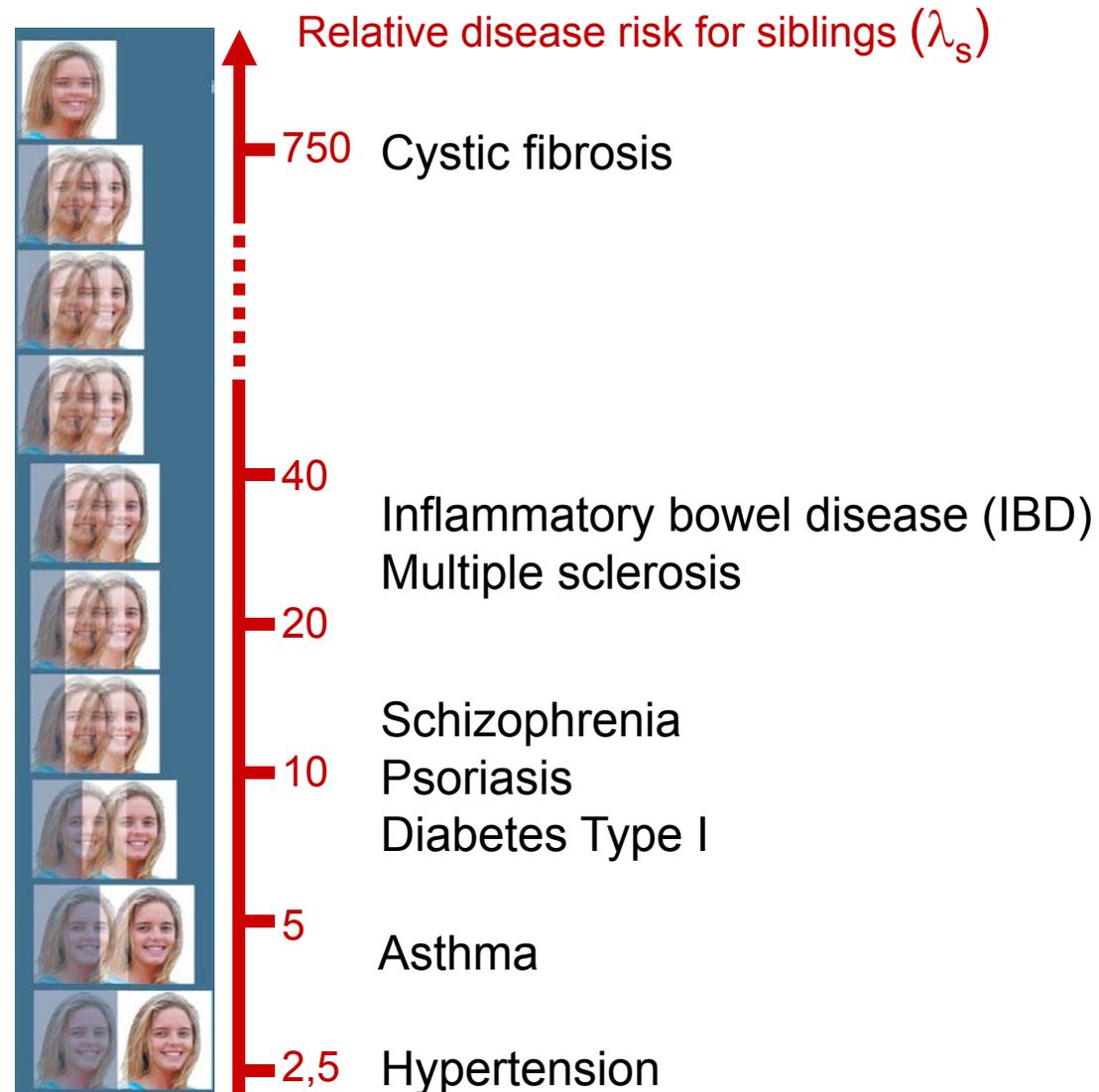
Genome Analysis
Leibniz Institute for Age Research
- Fritz Lipmann Institute (FLI)

Genetic risk

Siblings

We used to think our fate
was in our stars.
Now we know,
in large measure,
our fate is in our genes

James Watson, 1989



Human genetics

Limitations & advantages

non-human models

- + experimental intervention
- + genetic manipulation
- limited genetic & phenotypic variation

humans

- no experimental intervention
- no genetic manipulation
- + wealth of phenotypic information reflecting huge genetic variability

Human aging

Genetic predisposition

- heritability of human longevity: ~15 to 30%
twin-studies, large population-based samples
- greater genetic influences on longevity once an individual achieves age 60
- much larger genetic contribution to other aspects of aging
 - healthy physical aging (wellness)
 - physical performance
 - cognitive function
 - bone aging
- both exceptional longevity and a healthy aging phenotype linked to the same region / common genetic pathways?

GWAS

Genome-Wide Association Studies

Definition *NIH*

Study of genetic variation across the entire human genome designed to identify genetic associations with observable traits (blood pressure, weight), or the presence or absence of a disease or condition.

Aim

- increased understanding of basic biological processes affecting human health,
- improvement in the prediction of disease and patient care,
- ultimately the realization of the promise of personalized medicine.

Research tools

High-throughput, cost-effective methods for genotyping

Genetic variation

Lexicon

Sequence variation

- Single nucleotide
 - Base change – substitution – point mutation
 - Insertion-deletions (“indels”)
 - SNPs – tagSNPs

Structural variation

- 2 bp to 1,000 bp
 - Microsatellites, minisatellites
 - Indels
 - Inversions
 - Di-, tri-, tetranucleotide repeats
 - VNTRs

- 1 kb to submicroscopic
 - Copy number variants (CNVs)
 - Segmental duplications
 - Inversions, translocations
 - CNV regions (CNVRs)
 - Microdeletions, microduplications

- Microscopic to subchromosomal
 - Segmental aneusomy
 - Chromosomal deletions – losses
 - Chromosomal insertions – gains
 - Chromosomal inversions
 - Intrachromosomal translocations
 - Chromosomal abnormality
 - Heteromorphisms
 - Fragile sites

- Whole chromosomal to whole genome
 - Interchromosomal translocations
 - Ring chromosomes, isochromosomes
 - Marker chromosomes
 - Aneuploidy
 - Aneusomy

Molecular genetic detection

Cytogenetic detection

Genetic variation

Terminology

Mutation

= **event** causing genetic **variation**

substitution, insertion, deletion, inversion

Polymorphism

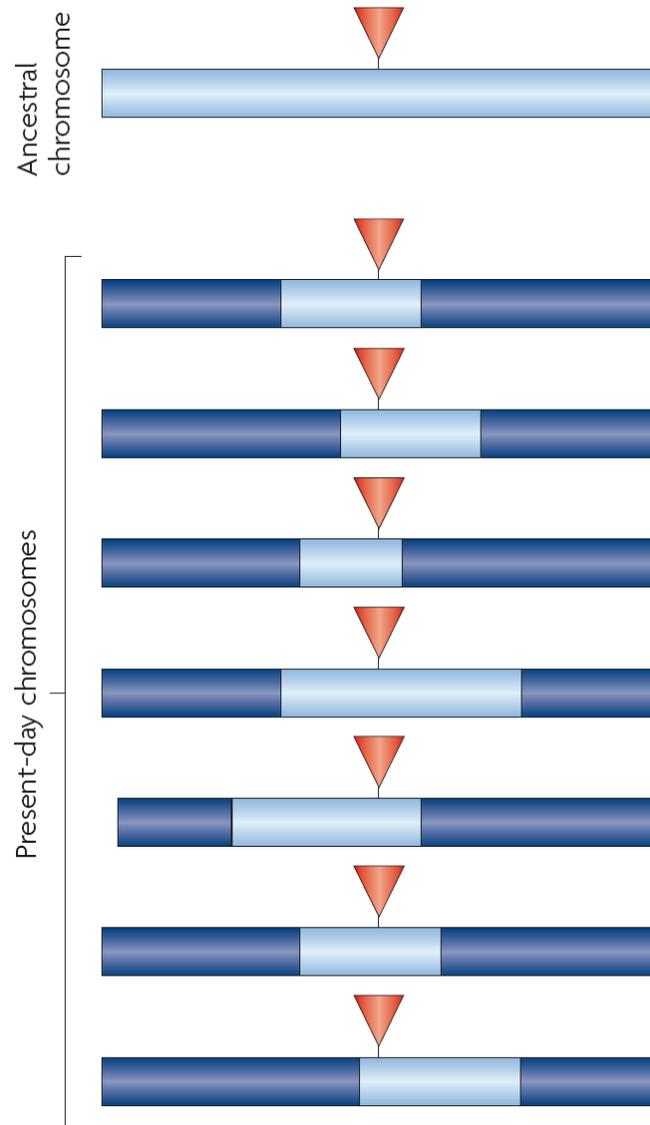
= **condition** of a **variation**, when it is established
with frequency $\geq 1\%$ in a **population**

Mutation *in medical genetics*

= rare variation with a population frequency $< 1\%$

Genetic variation

Linkage disequilibrium (LD)



Genetic variation

Single Nucleotide Polymorphism (SNP)

ATT**C**GACGTATTG

ATT**T**CGATGTATTG



SNP

- as a rule bi-allelic
- 12 Mio SNPs genom-wide **1/250 bp**
- 2 individuals differ in ~300.000 SNPs **1/10.000 bp**
- ~5% of SNPs, e.g. 600.000 SNPs with phenotyp (?)
50-100.000 SNPs with clinical relevance (?)

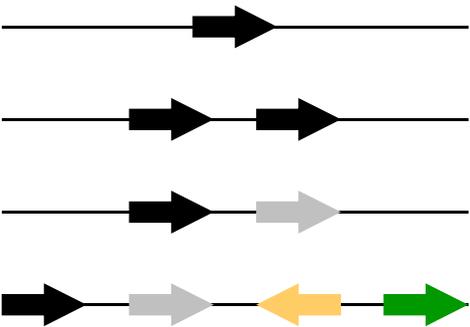
Genetic variation

Structural variations

Chromosome **A**



Chromosome **B**

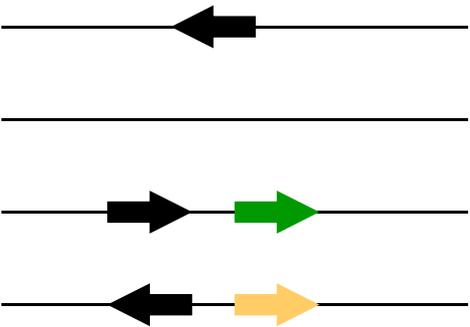


Inversion

InDel

Allele variation

Combination



Genetic variation

Segmental duplications

genomic regions **>1 kb**
with nt identity **>90%**

Human genome

5.3% segmentally duplicated

87% of all segmental duplications **>50 kb**

Genetic variation

Summary

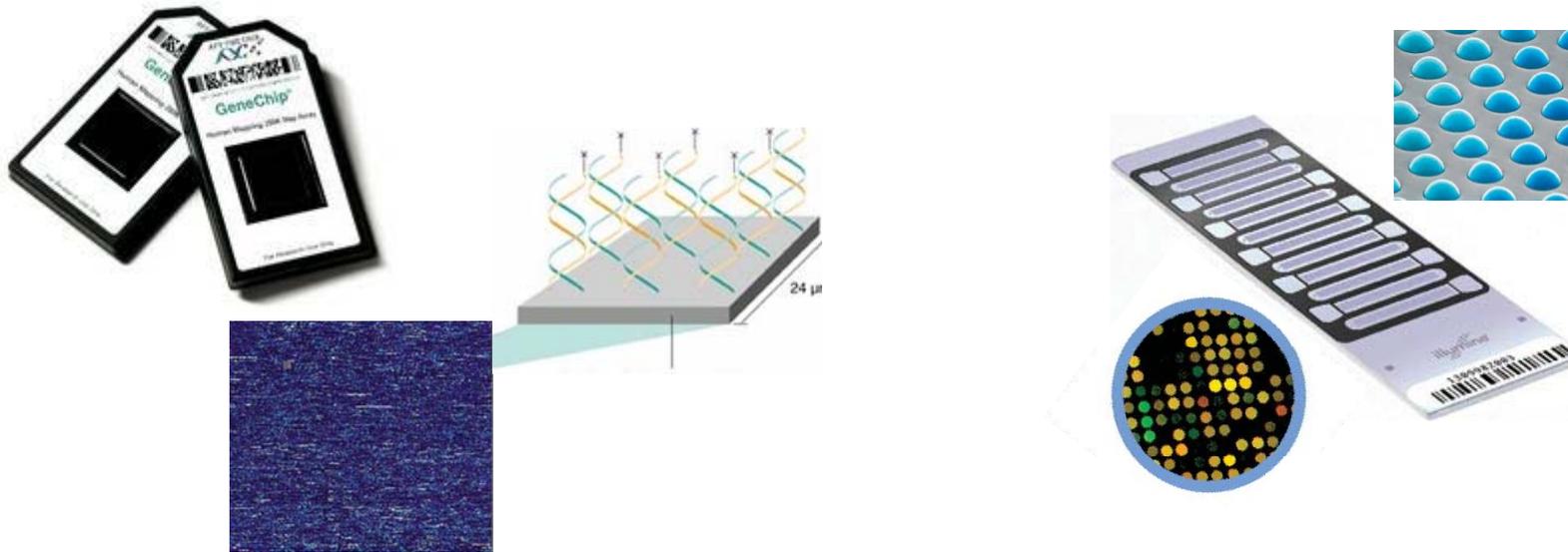
Genomes of any two individuals in the human population **differ more at the structural level** than at the nucleotide sequence level.

Differences between individuals

- CNV: >4 Mb >1/800 bp > 0.12 %
- SNP: 2.5 Mb 1/1,200 bp 0.08 %

GWAS prerequisites

High-throughput array-based genotyping



Affymetrix

Human SNP Array 6.0

>1.8 million markers

906,600 SNPs

946,000 for CNVs

Illumina

Human 660W-Quad BeadChip

2.6 million markers / four samples

550,000 tag SNPs

100,000 for CNVs

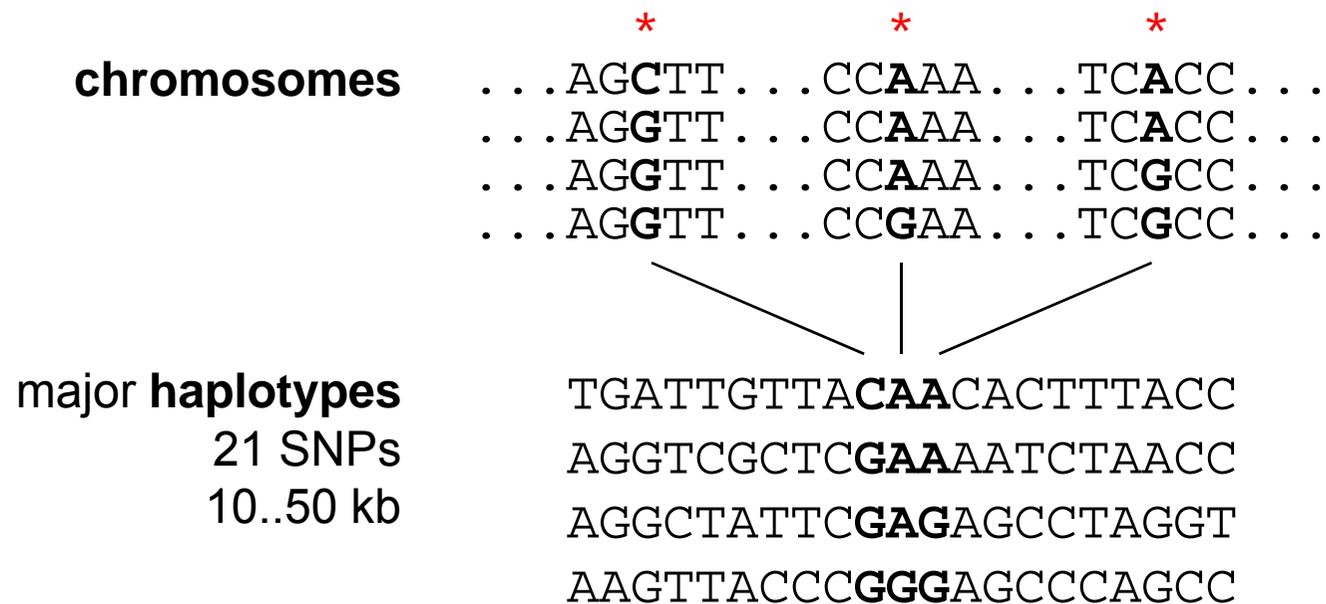
5,000 common CNVs

Genetic variation

Terminology

Haplotype

= **set/region** physically linked **polymorphism**



A second generation human haplotype map of over 3.1 million SNPs

The International HapMap Consortium*

We describe the Phase II HapMap, which characterizes over 3.1 million human single nucleotide polymorphisms (SNPs) genotyped in 270 individuals from four geographically diverse populations and includes 25–35% of common SNP variation in the populations surveyed. The map is estimated to capture untyped common variation with an average maximum r^2 of between 0.9 and 0.96 depending on population. We demonstrate that the current generation of commercial genome-wide genotyping products captures common Phase II SNPs with an average maximum r^2 of up to 0.8 in African and up to 0.95 in non-African populations, and that potential gains in power in association studies can be obtained through imputation. These data also reveal novel aspects of the structure of linkage disequilibrium. We show that 10–30% of pairs of individuals within a population share at least one region of extended genetic identity arising from recent ancestry and that up to 1% of all common variants are untaggable, primarily because they lie within recombination hotspots. We show that recombination rates vary systematically around genes and between genes of different function. Finally, we demonstrate increased differentiation at non-synonymous, compared to synonymous, SNPs, resulting from systematic differences in the strength or efficacy of natural selection between populations.

GWAS prerequisites

HapMap Project

270 individuals from

4 geographically diverse populations:

YRI Africans: 30 trios (Yoruba in Ibadan, Nigeria)

CEU European: 30 trios of northern/western ancestry (Utah, US; CEPH collection)

CHB Chinese: 45 unrelated Han individuals (Beijing, China)

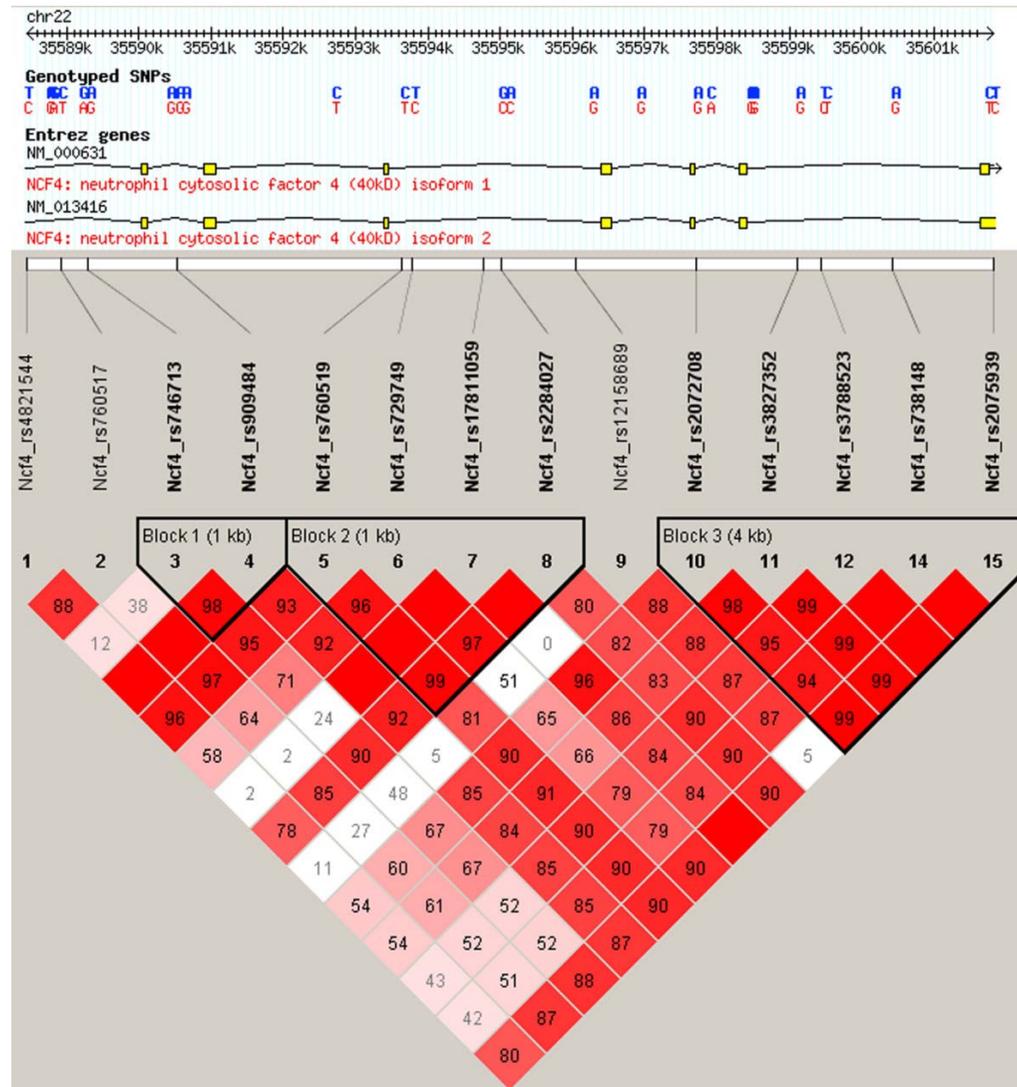
JPT Japanese: 45 unrelated individuals (Tokyo, Japan)

3.1 million human SNPs genotyped

~25–35% of common SNP variation in the populations surveyed

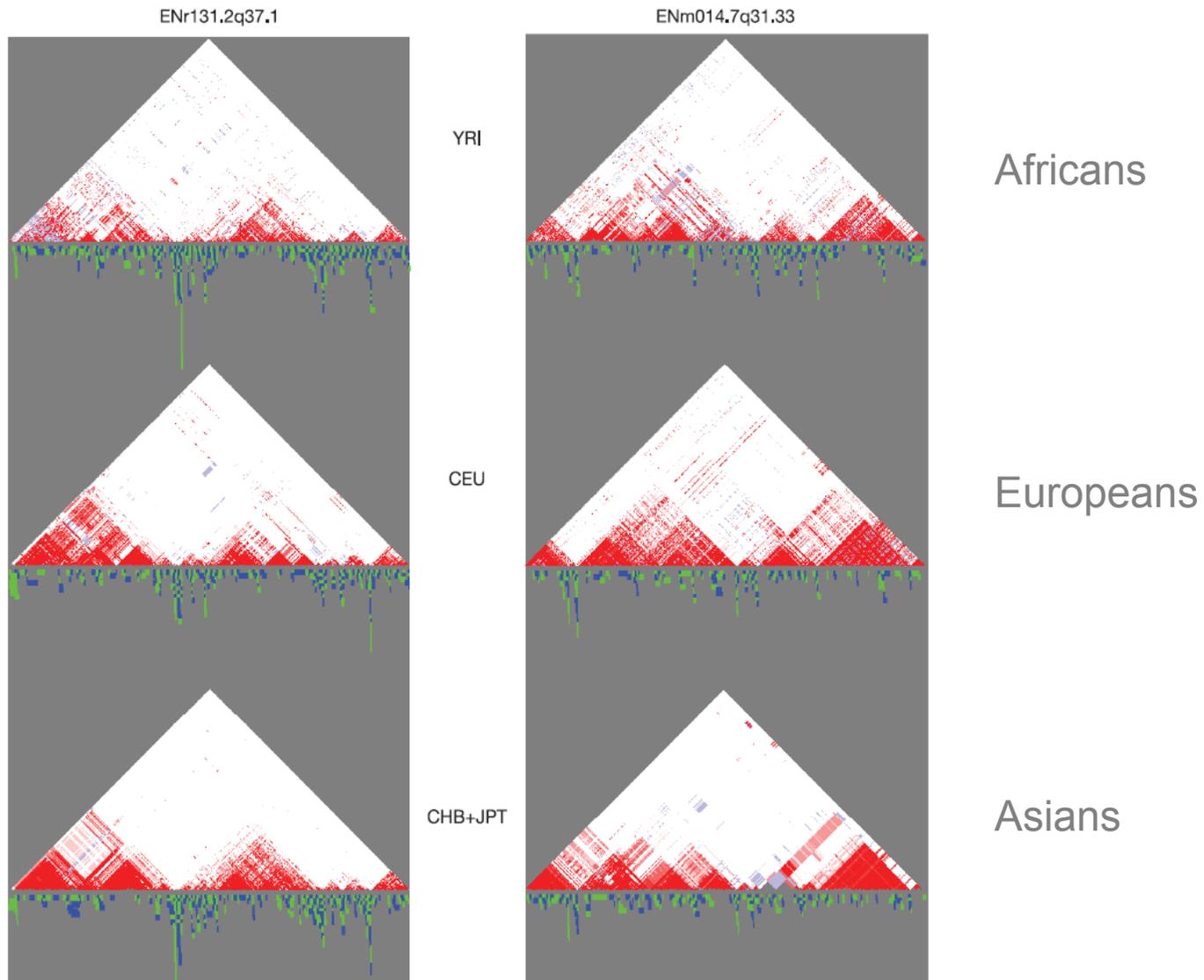
GWAS prerequisites

Haplotype blocks



GWAS prerequisites

Haplotype blocks

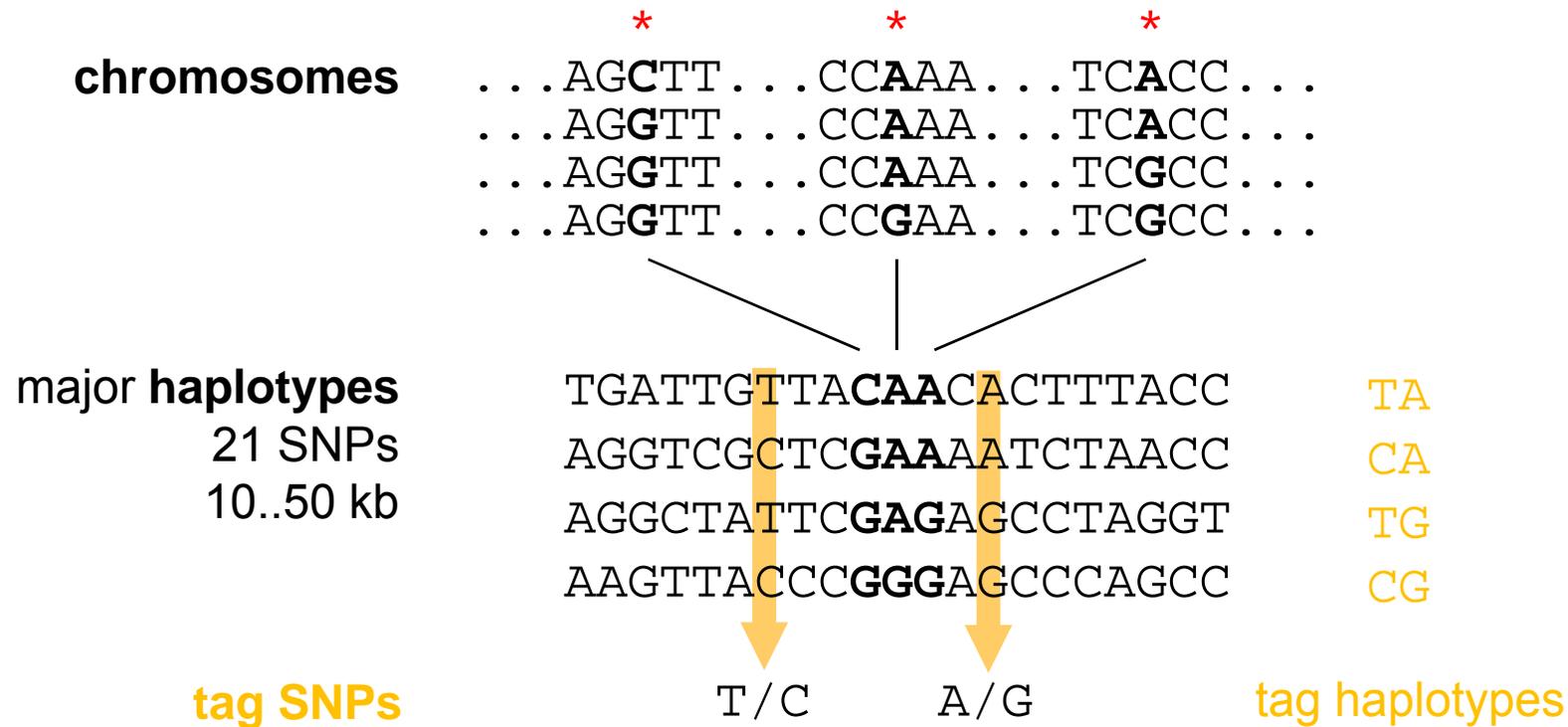


Genetic variation

Terminology

Haplotype

= **set/region** physically linked **polymorphism**



GWAS prerequisites

HapMap Project

Conclusions

- HapMap is estimated to capture the 65-75% **untyped common SNPs** with a likelihood of **90-96%** depending on population (average maximum r^2).
- Current generation of commercial genome-wide **genotyping products** captures **3.1 million** HapMap SNPs with **80%** in African and up to **95%** in non-African populations.

GWAS prerequisites

Large, well-phenotyped study groups

WTCCC Wellcome Trust Case Control Consortium (GB)

17,000 samples

2,000 from each of seven diseases

type 1 diabetes, type 2 diabetes, coronary heart disease, hypertension, bipolar disorder, rheumatoid arthritis, Crohn's disease

3,000 controls also from England, Scotland and Wales

KORA Kooperative Gesundheitsforschung in der Region Augsburg

20,000 samples since 1985 *coronary heart disease*

POPGEN Schleswig- holstein Biobank für eine Medizin der Zukunft
since 2003 aiming at **30,000** controls + study groups for:

aging *3,000 centenarians*

diseases *inflammation, heart, cancer, nervous system*

GWAS prerequisites

Large, well-phenotyped study groups

GEHA Genetics of Healthy Aging (EU 2004-9)

2,650 90⁺ sib-pairs 5,300 samples

2,650 young ethnically matched controls

GWAS Scheme

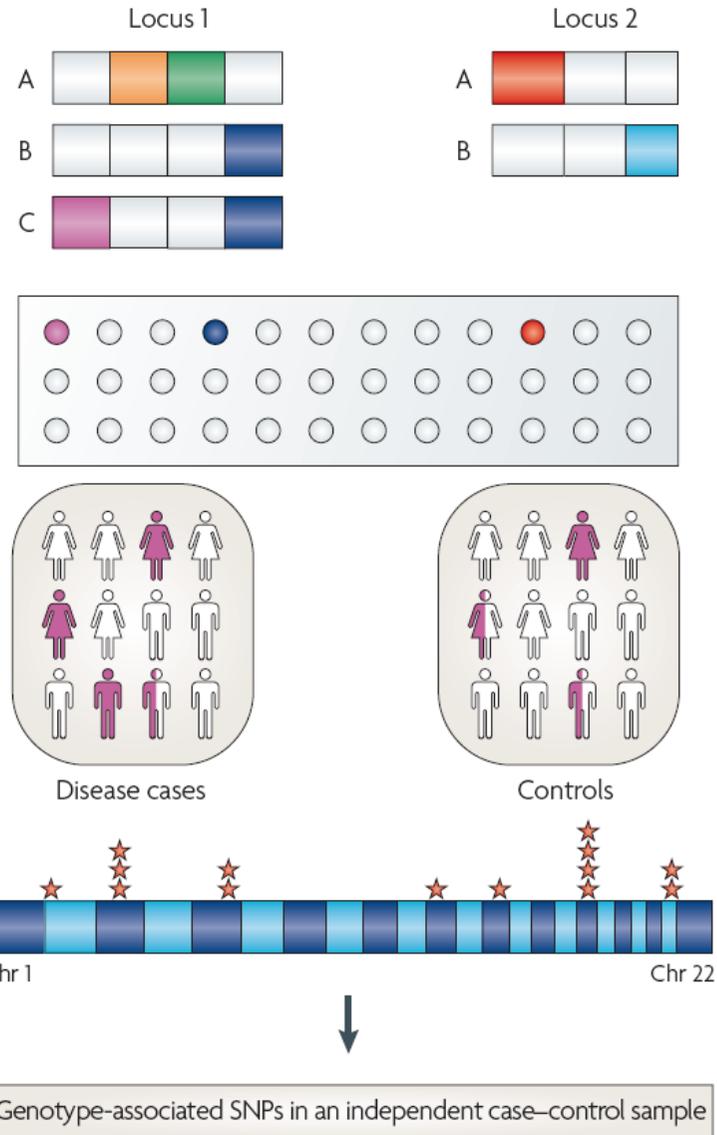
HapMap
Select SNPs to tag haplotypes

Genotyping
300,000–500,000 SNPs typed on high-density arrays

Case-control study
Compare SNP allele frequencies in disease cases and controls

Genome scan result
Significant differences in SNP allele frequencies indicate possible new disease genes and loci

Replication test
Confirm scan findings



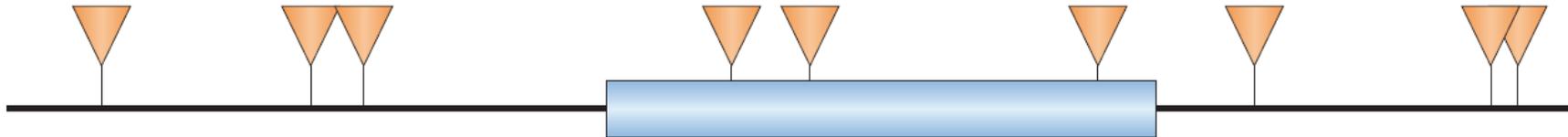
GWAS

Alternative designs

Direct:
catalogue and test all functional variants for association

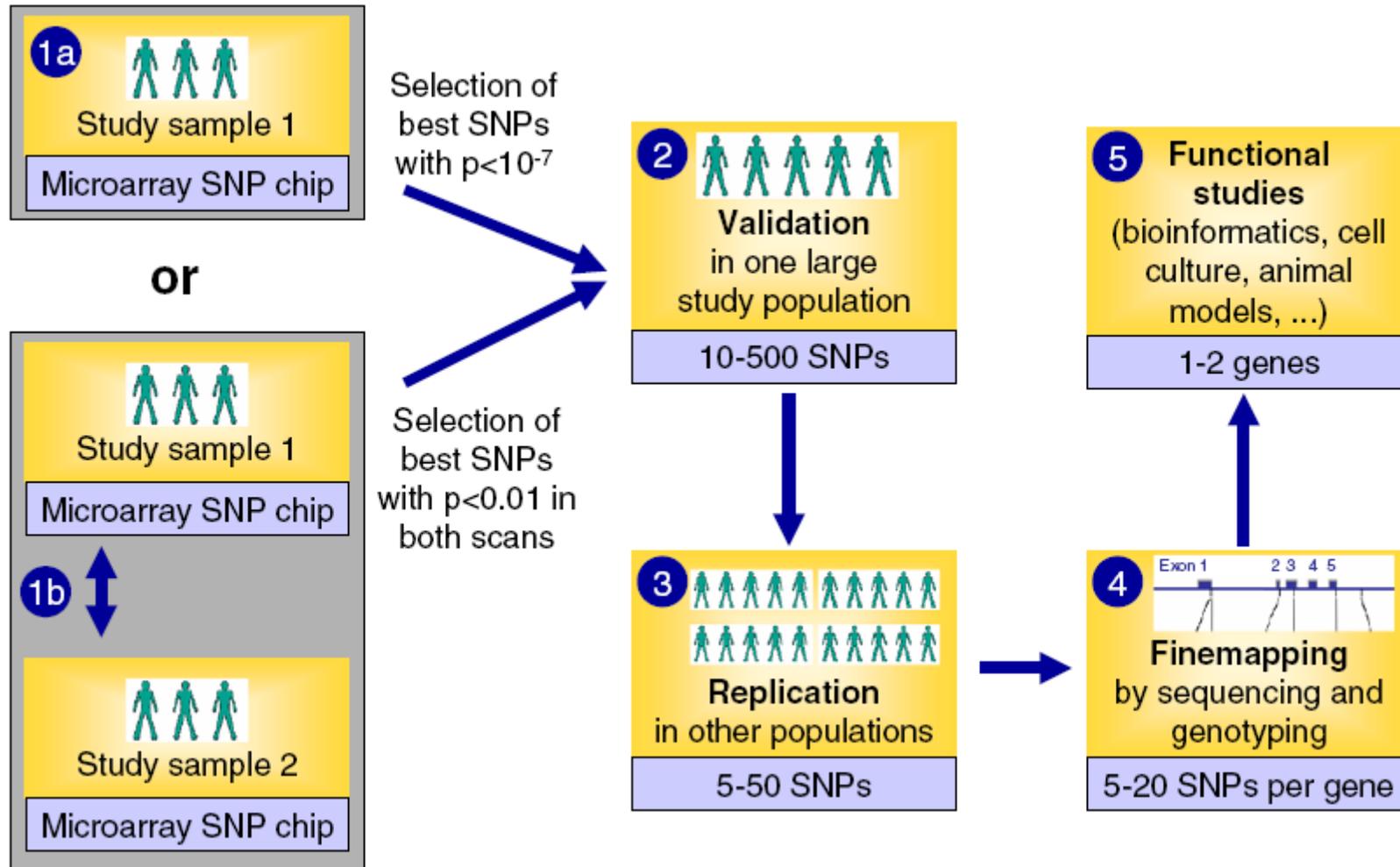


Indirect:
use a dense SNP map and test for linkage disequilibrium



GWAS

Statistical design & follow-up



GWAS

Current stage

carried-out GWAS: 180
within last 12 month: 100

Identified many novel genes involved in complex diseases.

Some genes are associated with several phenotypes.

A genome-wide scan for linkage to human exceptional longevity identifies a locus on chromosome 4

Annibale A. Puca^{*†}, Mark J. Daly[‡], Stephanie J. Brewster[§], Tara C. Matise[¶], Jeffrey Barrett[‡], Maureen Shea-Drinkwater[¶], Sammy Kang[¶], Erin Joyce[§], Julie Nicoli^{*}, Erica Benson[§], Louis M. Kunkel^{*}, and Thomas Perls[¶]

Contributed by Louis M. Kunkel, July 2, 2001

Substantial evidence supports the familial aggregation of exceptional longevity. The existence of rare families demonstrating clustering for this phenotype suggests that a genetic etiology may be an important component. Previous attempts at localizing loci predisposing for exceptional longevity have been limited to association studies of candidate gene polymorphisms. In this study, a genome-wide scan for such predisposing loci was conducted by using 308 individuals belonging to 137 sibships demonstrating exceptional longevity. By using nonparametric analysis, significant evidence for linkage was noted for chromosome 4 at D4S1564 with a MLS of 3.65 ($P = 0.044$). The analysis was corroborated by a parametric analysis ($P = 0.052$). These linkage results indicate the likelihood that there exists a gene, or genes, that exerts a substantial influence on the ability to achieve exceptional old age. Identification of the genes in humans that allow certain individuals to live to extreme old age should lead to insights on cellular pathways that are important to the aging process.

1st genome-wide linkage scan

Samples & Methods

Samples:

308 individuals from 137 sibships with exceptional longevity

- 98 years for at least one member of the sibship (the proband)
- siblings male >91 years; >95 years (sample)
- represents 5% oldest individuals in the birth cohort based on U.S. and Canadian life tables
- predominantly of European descent

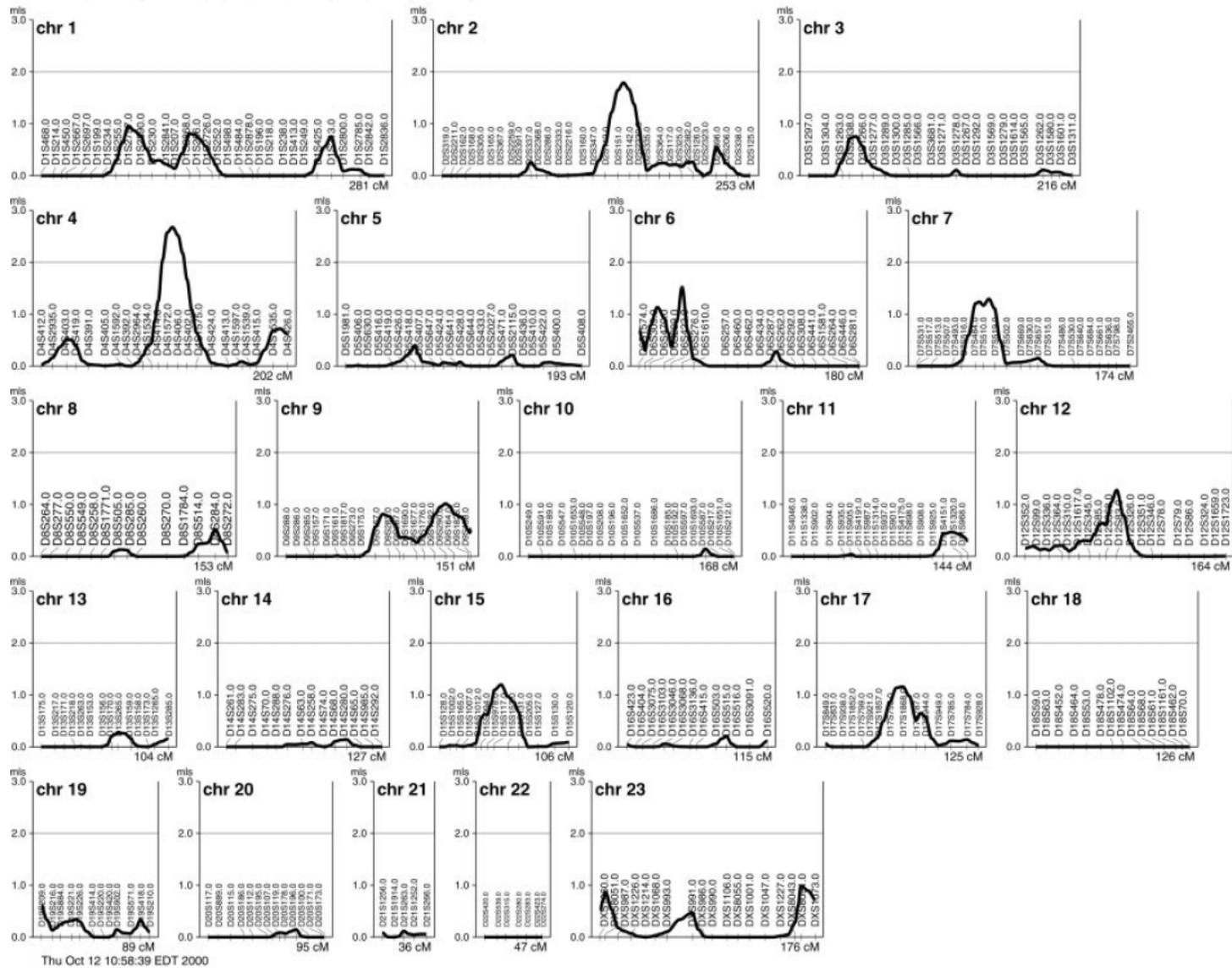
Linkage Analysis:

ABI Prism Linkage Mapping Set, Version 2

400 microsatellite markers

1st genome-wide linkage scan

Results



1st genome-wide linkage scan

Results

Of the **4-fold** risk to siblings of centenarians (λ_s) to achieve at least their early nineties, the degree of excess allele sharing indicates that a locus in the **D4S1564** region could explain **1.65-fold** of that risk,

Research

Open Access

Genetic correlates of longevity and selected age-related phenotypes: a genome-wide association study in the Framingham Study

Kathryn L Lunetta^{1,3}, Ralph B D'Agostino Sr^{1,5}, David Karasik⁴,
Emelia J Benjamin^{1,2}, Chao-Yu Guo^{1,2}, Raju Govindaraju^{1,2}, Douglas P Kiel⁴,
Margaret Kelly-Hayes^{1,2}, Joseph M Massaro^{1,5}, Michael J Pencina^{1,5},
Sudha Seshadri^{1,2} and Joanne M Murabito*^{1,2}

Address: ¹The National Heart Lung and Blood Institute's Framingham Heart Study, Framingham, MA, USA, ²Section of General Internal Medicine and the Departments of Neurology, Cardiology, and Preventive Medicine, Boston University School of Medicine, Boston, MA, USA, ³Department of Biostatistics, Boston University School of Public Health, Boston, MA, USA, ⁴Hebrew Senior Life Institute for Aging Research and Harvard Medical School, Boston, MA, USA and ⁵Statistics and Consulting Unit, Department of Mathematics, Boston University, Boston, MA, USA

Email: Kathryn L Lunetta - klunetta@bu.edu; Ralph B D'Agostino - ralph@bu.edu; David Karasik - karasik@hrca.harvard.edu; Emelia J Benjamin - emelia@bu.edu; Chao-Yu Guo - chaoyu@bu.edu; Raju Govindaraju - drgraju@bu.edu; Douglas P Kiel - kiel@hrca.harvard.edu; Margaret Kelly-Hayes - mkhayes@bu.edu; Joseph M Massaro - jmm@bu.edu; Michael J Pencina - mpencina@bu.edu; Sudha Seshadri - susheshad@bu.edu; Joanne M Murabito* - murabito@bu.edu

* Corresponding author

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Framingham GWAS

Study sample

Framingham Heart Study (FHS)

- longitudinal family-based community sample
- participants have been well-characterized throughout adulthood
 - prospectively ascertained risk factors
 - diseases
- continuously followed until death

Framingham GWAS

Study sample

- community-based sample: 1,345 Framingham Study participants
 - 330 largest families
 - original cohort: 258
 - offspring: 1,087
 - 149 deaths
 - 713 participants age ≥ 65
- 5 longevity and aging traits
 - age at death /mean 83 [46..99]
 - morbidity-free survival at age 65 years /CVD, dementia, and cancer
 - age at natural menopause /mean 50.2 [38..57]
 - walking speed
 - biologic age by osseographic scoring system
- Affymetrix 100K SNP GeneChip
 - 70,987 autosomal SNPs (genotypic call rate $\geq 80\%$, minor allele frequency $\geq 10\%$, Hardy-Weinberg test $p \geq 0.001$)

Framingham GWAS

Result

None of the associations achieved
genome-wide significance

These data generate hypotheses and serve as a resource for replication as more genes and biologic pathways are proposed as contributing to longevity and healthy aging

Framingham GWAS

Add-ons

- simple low p-value SNP ranking strategy
- SNP selection due to associations with more than one related phenotype
 - age at death & morbidity-free survival at age 65
 - biologic age and walking speed
- SNP associations within 79 candidate genes and regions
 - NCBI search term "longevity"
 - Science of Aging Knowledge
<http://sageke.sciencemag.org/cgi/genesdb>

Framingham GWAS

Discussion

FOXO - forkhead box group O transcription factors

- targets of insulin-like signaling
- involved in DNA repair and resistance to oxidative stress
- **FOXO1A** - increased mortality attributable to diabetes related deaths in participants aged ≥ 85
- **FOXO3A** - age at natural menopause; implicated in oocyte death, depletion of functioning ovarian follicles, and infertility in mice

SOX5 - potentially related to musculoskeletal function

WRN - Werner Syndrome

- longitudinal study of ageing Danish twins: possible association between a successful aging trait and 3 SNPs in *WRN*

KL (Klotho)

- in mouse lead to a syndrome resembling human aging
- functional variant linked to human longevity

Framingham GWAS

Limitations

- systematic DNA collection began 1995 and hence the GWAS participants are likely healthier than the full FHS sample
- priori candidate genes without any SNP within 60 kb on the chip:
ACE, LAMINA, SIRT2 and SIRT3
- epistasis or gene-environment interactions not examined

Genome-wide Association Analysis Reveals Putative Alzheimer's Disease Susceptibility Loci in Addition to *APOE*

Lars Bertram,^{1,6} Christoph Lange,^{2,6} Kristina Mullin,¹ Michele Parkinson,¹ Monica Hsiao,¹ Meghan F. Hogan,¹ Brit M.M. Schjeide,¹ Basavaraj Hooli,¹ Jason DiVito,¹ Iuliana Ionita,² Hongyu Jiang,² Nan Laird,² Thomas Moscarillo,⁴ Kari L. Ohlsen,⁵ Kathryn Elliott,⁵ Xin Wang,⁵ Diane Hu-Lince,⁵ Marie Ryder,⁵ Amy Murphy,² Steven L. Wagner,⁵ Deborah Blacker,^{3,4} K. David Becker,⁵ and Rudolph E. Tanzi^{1,*}

Alzheimer's disease (AD) is a genetically complex and heterogeneous disorder. To date four genes have been established to either cause early-onset autosomal-dominant AD (*APP*, *PSEN1*, and *PSEN2*¹⁻⁴) or to increase susceptibility for late-onset AD (*APOE*⁵). However, the heritability of late-onset AD is as high as 80%,⁶ and much of the phenotypic variance remains unexplained to date. We performed a genome-wide association (GWA) analysis using 484,522 single-nucleotide polymorphisms (SNPs) on a large (1,376 samples from 410 families) sample of AD families of self-reported European descent. We identified five SNPs showing either significant or marginally significant genome-wide association with a multivariate phenotype combining affection status and onset age. One of these signals ($p = 5.7 \times 10^{-14}$) was elicited by SNP rs4420638 and probably reflects *APOE*- ϵ 4, which maps 11 kb proximal ($r^2 = 0.78$). The other four signals were tested in three additional independent AD family samples composed of nearly 2700 individuals from almost 900 families. Two of these SNPs showed significant association in the replication samples (combined p values 0.007 and 0.00002). The SNP (rs11159647, on chromosome 14q31) with the strongest association signal also showed evidence of association with the same allele in GWA data generated in an independent sample of ~1,400 AD cases and controls ($p = 0.04$). Although the precise identity of the underlying locus(i) remains elusive, our study provides compelling evidence for the existence of at least one previously undescribed AD gene that, like *APOE*- ϵ 4, primarily acts as a modifier of onset age.

¹Genetics and Aging Research Unit, Mass General Institute for Neurodegenerative Disease (MIND), Department of Neurology, Massachusetts General Hospital, Charlestown, MA 02129, USA; ²Department of Biostatistics, ³Department of Epidemiology, Harvard School of Public Health, Boston, MA 02115, USA; ⁴Gerontology Research Unit, Department of Psychiatry, Massachusetts General Hospital, Charlestown, MA 02129, USA; ⁵TorreyPines Therapeutics, La Jolla, CA 92037, USA

⁶These authors contributed equally to this work

*Correspondence: tanzi@helix.mgh.harvard.edu

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GWAS of Alzheimer's disease

Samples & Results

Samples:

1,376 samples from 410 AD families
self reported European descent

GWAS:

GeneChip Human Mapping 500K Array Set (Affymetrix)
500,668 SNPs

Results:

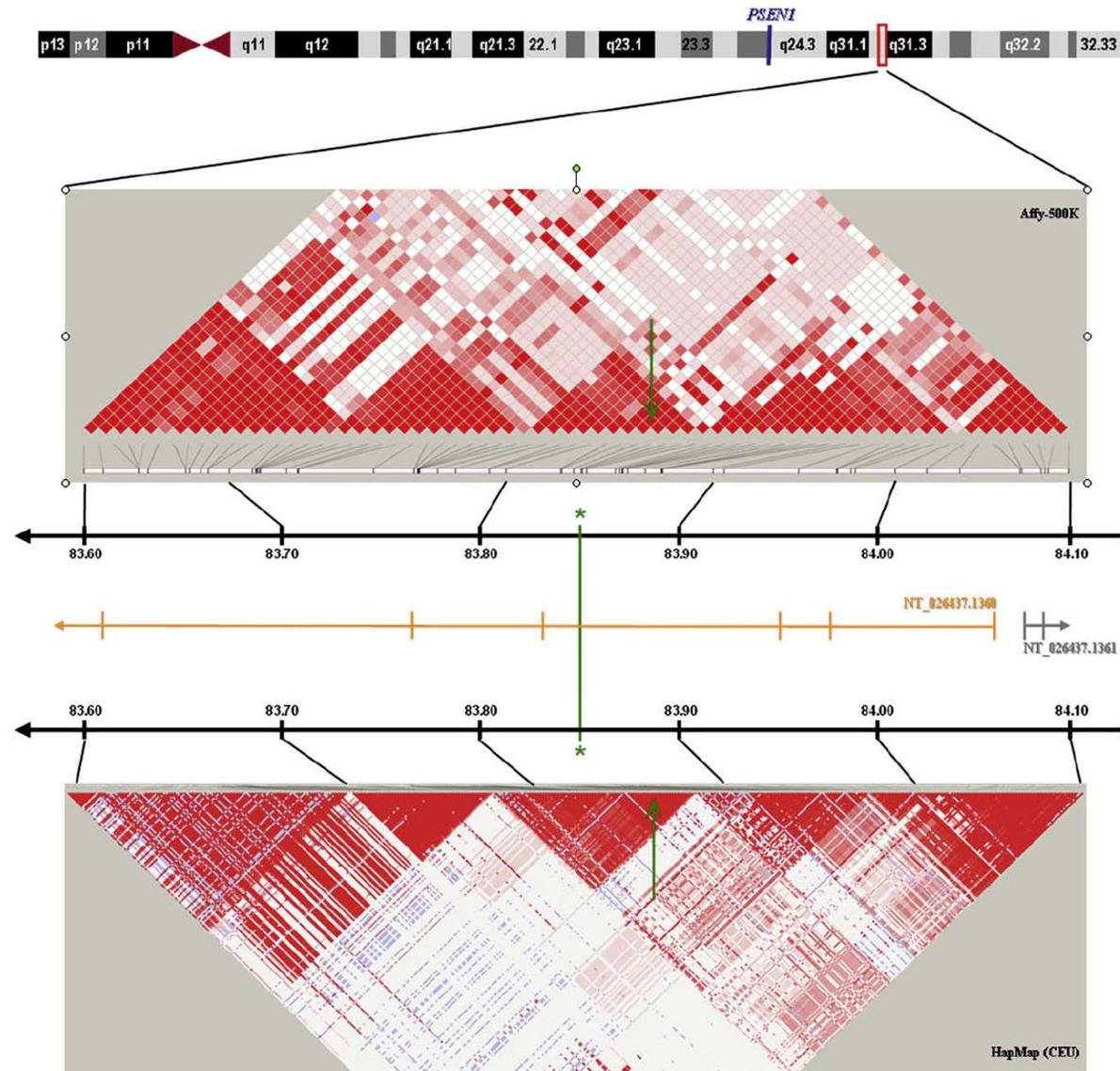
5 SNPs significantly associated
rs4420638 11 kb proximal *APOE-ε4*

Replication:

2 SNPs significant 2,700 individuals from almost 900 families
1 SNP significant 1,400 cases & controls

GWAS of Alzheimer's disease

14q31 association signal



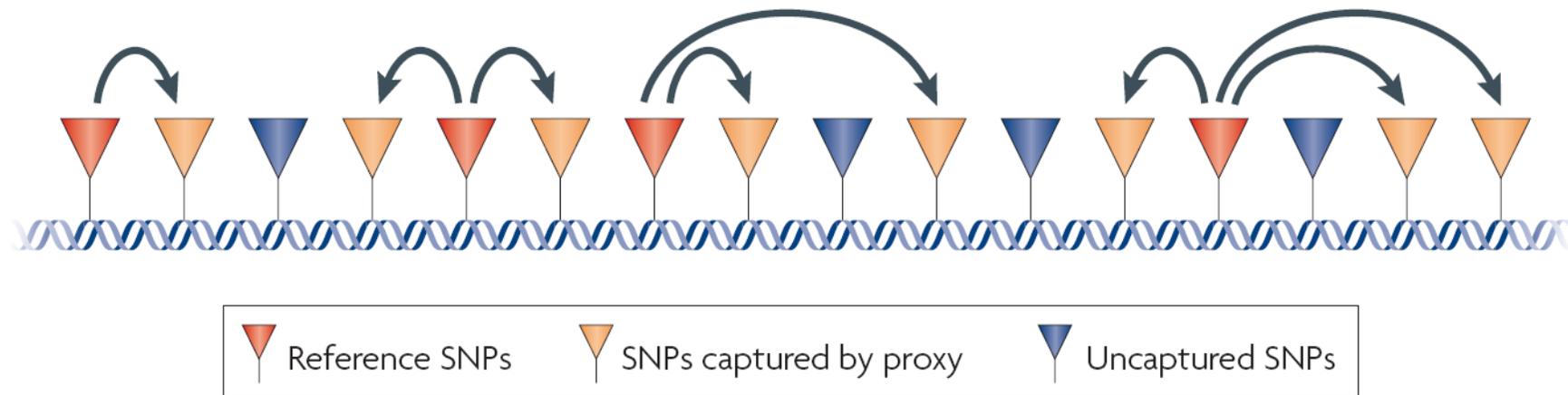
GWAS of Alzheimer's disease

Conclusion

Existence of at least **one** previously undescribed AD gene that, like *APOE-ε4*, primarily acts as a modifier of onset age

GWAS

Array-based open questions



GWAS

Outlook

Problem

Case & control sampling !

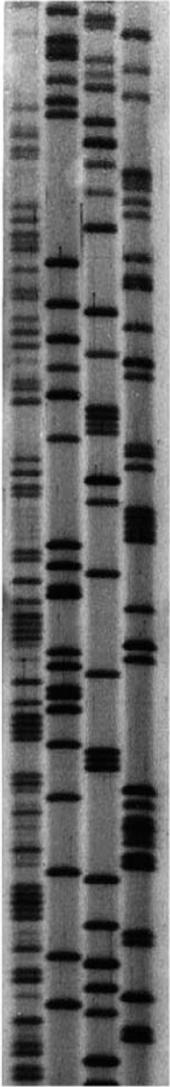
Question

Are there high-frequency, small-effect polymorphisms affecting healthy aging & longevity ?

NIA sponsored Longevity Consortium

<http://www.longevityconsortium.org>

opportunity of collaboration with other investigators to
replicate important findings in additional cohorts



A C G T

genome.fli-leibniz.de
Teaching